

PATIENT INFORMATION

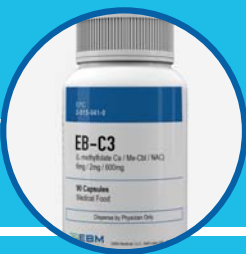
EB-C3



Welcome to EBM Medical. We focus on providing the highest quality active pharmaceutical ingredients supported by evidence based medicine to address the metabolic deficiencies of patients with Mild Cognitive Impairment.

Your healthcare provider has prescribed* a product called EB-C3, intended for the metabolic management of cognitive disorders, including MCI.¹

EB-C3 ACTIVE INGREDIENTS	BENEFIT
L-methylfolate Calcium ...6mg (Active Folate)	Helps the production of acetylcholine, a natural neurotransmitter associated with memory. ^{2,3}
Methylcobalamin.....2mg (Active B ₁₂)	Promotes cellular regeneration. Deficiency in B ₁₂ is associated with memory loss. ⁴⁻⁶
N-Acetyl L- Cysteine.....600mg (Antioxidant)	Helps to protect the brain by removing harmful substances that may cause damage. ^{7,8}



Individual ingredients in EB-C3 are associated with significantly slowed decline in memory performance. Patients who started earlier in their cognitive decline had the greatest benefit¹

NOW THAT I HAVE BEEN PRESCRIBED EB-C3, WHAT ARE THE NEXT STEPS?

- STEP 1

A EBM Medical representative will confirm your order via text and will call the number you provided within 24 hours to answer your questions and complete the order.

*You will receive a call from EBM Medical from area code 636 or 844. Please answer to insure your order is filled in a timely manner.
- STEP 2

Payment will be conveniently processed by accepting all major credit cards, health savings cards, or electronic checks.
- STEP 3

Your 90-day supply will be shipped within 24 hours and conveniently delivered to your door.

How Do I Refill My Order?

Simply contact EBM Medical or sign up for the convenience refill program.** Approximately 5 days before you take your last dose of your order, EBM Medical will send you another 90-day supply. Do not stop taking EB-C3 without talking to your healthcare provider.

EBM Medical Contact Information
EBMmedical.com
Phone: 1-844-360-4095
Email: support@EBMmedical.com

*Prescription is defined as a medical order written by a licensed health care provider.
**You can opt out of the convenience refill program at any time by contacting EBM Medical directly.

FREQUENTLY ASKED QUESTIONS

Why EBM Medical?

EBM Medical partners with your healthcare provider to offer:

- High quality evidence based products at an affordable price.
- Full service customer support center providing patient education and consulting from a licensed pharmacist.
- Confidence in knowing your product cost will be returned if your needs aren't met.

What is EB-C3?

EB-C3 is an oral capsule classified as a medical food ⁹, a unique category regulated by the FDA. Medical Foods address the metabolic deficiencies associated with diseases to help manage chronic conditions, including MCI.

What should I expect from EB-C3?

- Metabolic deficiencies in the brain has been identified as an independent risk factor for memory loss by reducing the substances that are responsible for neuroprotection.^{10,11}
- The unique active ingredients in EB-C3 provide the necessary nutrients to nourish and protect the brain by addressing certain metabolic imbalances to help improve memory and slow cognitive decline.¹

How does EB-C3 compare to Over-The-Counter products?

The L-methylfolate Calcium dose in EB-C3 is different from traditional OTC folic acid and is only available through your healthcare provider. OTC folic acid must be broken down, or activated, in the body before it can be used. Data shows, about 50% have a compromised ability to complete this activation and have additional folate needs.¹²

How do I Take EB-C3?

The usual adult dosage is one capsule daily by mouth with or without food. Please take EB-C3 as directed by your healthcare provider.

Is EB-C3 Safe?

The active ingredients in EB-C3 are well tolerated, allergen and dye free and can be safely added to any other medications, including cholinesterase inhibitors.¹

References:

1. Shankle WR, Hara J, Rafii MS, Russell J. J Aging Res Clin Pract. 2013;2(4):319-324.
2. Chan A, Tchanchou F, Graves V, Rozen R, Shea TB. J Nutr Health Aging. 2008;12(4):252-261.
3. Hasselmo ME. Curr Opin Neurobiol. 2006;16(6):710-715.
4. N-acetylcysteine. Altern Med Rev. 2000;5(5):467-471.
5. Glutathione, Reduced (GSH). Altern Med Rev. 2001;6(6):601-607.
6. Monks TJ, Ghersi-Egea JF, Philbert M, Cooper AJL, Lock EA. Toxicol Sci. 1999;51:161-177.
7. de Jager CA. Neurobiol Aging. 2014;35(suppl 2):S35-S39.
8. Okada K, Tanaka H, Tempurin K, et al. Neurosci Lett. 2011;495(3):201-204.
9. <http://www.fda.gov/Food/GuidanceRegulation/GuidanceDocumentsRegulatoryInformation/ucm054.htm>. Accessed October 10, 2016
10. Dávila D, Torres-Aleman I. Mol Biol Cell. 2008;19(5):2014-2025.
11. Keller JN, Schmitt FA, Scheff SW, et al. Neurology. 2005;64(7):1152-1156.
12. Klerk M, Verhoef P, Clarke R, et al; and the MTHFR Studies Collaboration Group. JAMA. 2002;288(16):2023-2031.



Manufactured and Distributed by:
©2016 EBM Medical, LLC
St. Louis, Missouri 63366
11/16 P002-C3 Printed in USA.
All rights reserved.