

Nifedipine (nye-FED-i-peen)

Treats problems from poor blood circulation by improving the flow of blood through blood vessels. This medicine contains a Calcium Channel Blocker.

When This Medicine Should Not Be Used:

This medicine is not right for everyone. Do not use it if you've had an allergic reaction to nifedipine.

How to Use This Medicine:

Cream

- Your doctor will tell you how much medicine to use. Do not use more than directed.
- Follow the instructions on the medicine label if you are using this medicine without a prescription.
- Do not get this medicine in your eyes, nose, or ears. If it does get on these areas, rinse it off right away.
- Wash your hands with soap and water before and after you use this medicine, unless the area you are treating is your hands.
- Apply a thin layer of the medicine to the affected area. Rub it in gently.
- Do not shower, bathe, or wash the affected area for at least 30 minutes after you apply

Warnings While Using This Medicine:

- Tell your doctor if you are pregnant or breastfeeding, or if you have stomach problems, heart failure, coronary artery disease, or recently had a heart attack.
- Check with your doctor before taking if you have liver or kidney disease.
- Talk to your doctor if you are using any other medications, including:
 - Blood pressure medicine
 - Blood thinners
 - Make sure your doctor knows if you are taking Coumadin®.
 - Antidepressants
 - Steroids
- This medicine may make your skin more sensitive to sunlight. Wear sunscreen. Do not use sunlamps or tanning beds.
- You may need to take this medicine for several weeks before it starts to help.
- Tell any doctor or dentist who treats you that you are using this medicine. You may need to stop using this medicine several days before you have surgery or medical tests.

Possible Side Effects While Using This Medicine:

Call your doctor right away if you notice any of these side effects:

- Allergic reaction: Itching or hives, swelling in your face or hands, swelling or tingling in your mouth or throat, chest tightness, trouble breathing
- Chest pain, trouble breathing
- Fast, uneven, or pounding heartbeat
- Lightheadedness, dizziness, fainting
- Rapid weight gain, swelling in your legs, feet, or ankles
- Stomach pain or bloating, nausea, vomiting, weight loss

This medicine was compounded specifically for you in a pharmacy to fill the prescription your doctor wrote for you. It was specially made to meet your individual needs. If you have not done so, please discuss this medicine with your doctor to ensure that you understand (1) why you have been prescribed a compounded medicine, (2) how to properly take this medicine, and (3) the interactions, if any this medicine may have with any other medicines you are taking.

Compounding is a long standing pharmacy practice that allows doctors to treat their patients' individual needs without being restricted only to off-the-shelf medicines or devices. This medicine was prepared in a compounding pharmacy to meet the specifications ordered by your doctor.

1. Call your doctor if:

You experience any side effects.

You are taking additional medicines that may interact with this compounded medicine

You have allergies or other medical conditions that should be noted.

2. Call your pharmacist if:

Information on the label is not clear to you.

You have any concerns regarding precautions, ingredients or proper storage.

Our pharmacists will be happy to help with any additional questions or concerns.