



### EB-A7

**Welcome to EBM Medical.** We provide high quality active pharmaceutical ingredients supported by evidence-based medicine to address chronic metabolic deficiencies.

Your healthcare provider has prescribed EB-A7 for the metabolic management of deficiencies associated with the pain and inflammation of osteoarthritis.

### EB-A7

- Turmeric Curcumin 95%..... 750 mg
- SAM-e (S-Adenosyl methionine)..... 600 mg
- Hyaluronic Acid ..... 200 mg
- Boswellia Extract 65%..... 100 mg
- Hydrolyzed Type II Collagen ..... 40 mg
- Bioperine® ..... 5 mg

**Dosage:**

Adult dose is 3 capsules daily or as directed by physician.



Each vegan capsule is allergen and dye free.

### Therapeutic Active Pharmaceutical Ingredient Guide<sup>1-11</sup>

ACTIVE INGREDIENT	DESCRIPTION
<b>Turmeric Curcumin 95%</b>	- Inflammation, pain, and stiffness
<b>SAM-e</b> (S-Adenosyl methionine)	- Inflammation, pain, and stiffness
<b>Hyaluronic Acid</b>	- Inflammation; slows the progression of osteoarthritis
<b>Boswellia Extract 65%</b>	- Inflammation and pain
<b>Hydrolyzed Type II Collagen</b>	- Pain and stiffness
<b>Bioperine®</b>	+ Absorption of curcumin

+ increase - decrease



Manufactured in compliance with current Good Manufacturing Practices. [cGMP].



**EBM Medical Contact Information**

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## FREQUENTLY ASKED QUESTIONS<sup>1-11</sup>

### What is EB-A7?

EB-A7 is an oral capsule classified as a medical food, a unique category regulated by the FDA. Medical foods address the metabolic deficiencies associated with diseases to help manage chronic conditions, including pain and inflammation associated with osteoarthritis. Medical foods are intended for use under medical supervision.

### What should I expect?

The active ingredients in EB-A7 work together to correct the deficiencies associated with osteoarthritis. Once your metabolic needs are met, you may begin to experience less pain and stiffness in your arthritic joints.

### How does these medical foods compare to over-the-counter products?

Once ingested, many over-the-counter supplements require an activation step within the body. The ingredients in EB-A7 are already provided in their active forms, increasing the amount that enters the circulation and maximizing the potential for clinical benefit. The combination of active ingredients found in EB-A7, at the prescribed doses, are available through your healthcare provider.

### What are the side effects with EB-A7?

The active pharmaceutical ingredients in EB-A7 are well tolerated and allergen, gluten and dye free. The most common complaints include mild upset stomach. If you experience this, try taking the capsules with food. If the problem persists, consult your provider.

**Drug Interactions:** EB-A7 may alter the metabolism and absorption of certain medications. Consult your physician before taking EB-A7 if you are currently taking an anticoagulant such as warfarin.

**Precautions:** EB-A7 contains SAME (S-Adenosyl methionine) and turmeric in medicinal doses and should not be taken if you have the following:

- Pregnant or breast feeding
- Gallbladder problems
- Planning for surgery
- Bipolar disorder

Please consult with your healthcare provider before taking.

### How do I refill my order?

Simply call or email EBM Medical at 636-614-3152 or support@ebmmmedical.com. You may also opt in for the EBM Convenience Fill program where EBM will automatically refill your order 10 days prior to your last dosage. Do not stop taking your medical food formula without talking to your healthcare provider.

#### REFERENCES

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