Welcome to EBM Medical. We provide high quality active pharmaceutical ingredients supported by evidence-based medicine to address chronic metabolic deficiencies. Your healthcare provider has prescribed EB-A7\textsuperscript{DR} for the metabolic management of deficiencies associated with the pain and inflammation of osteoarthritis.

---

**EB-A7\textsuperscript{DR}**

Delayed Release

Each vegan capsule is allergen and dye free.

**Dosage:**
Adult dose is 3 capsules daily or as directed by physician.

---

**Therapeutic Active Pharmaceutical Ingredient Guide\textsuperscript{1-11}**

<table>
<thead>
<tr>
<th>ACTIVE INGREDIENT</th>
<th>DESCRIPTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Turmeric Curcumin 95%</td>
<td>Inflammation, pain, and stiffness</td>
</tr>
<tr>
<td>SAM-e (S-Adenosyl methionine)</td>
<td>Inflammation, pain, and stiffness</td>
</tr>
<tr>
<td>Hyaluronic Acid</td>
<td>Inflammation; slows the progression of osteoarthritis</td>
</tr>
<tr>
<td>Boswellia Extract 65%</td>
<td>Inflammation and pain</td>
</tr>
<tr>
<td>Hydrolyzed Type II Collagen</td>
<td>Pain and stiffness</td>
</tr>
<tr>
<td>Bioperine\textsuperscript{®}</td>
<td>Absorption of curcumin</td>
</tr>
</tbody>
</table>

Manufactured in compliance with current Good Manufacturing Practices. [cGMP].
FREQUENTLY ASKED QUESTIONS

What is EB-A7DR?
EB-A7DR is an oral capsule classified as a medical food, a unique category regulated by the FDA. Medical foods address the metabolic deficiencies associated with diseases to help manage chronic conditions, including pain and inflammation associated with osteoarthritis. Medical foods are intended for use under medical supervision.

What should I expect?
The active ingredients in EB-A7DR work together to correct the deficiencies associated with osteoarthritis. Once your metabolic needs are met, you may begin to experience less pain and stiffness in your arthritic joints.

How does these medical foods compare to over-the-counter products?
Once ingested, many over-the-counter supplements require an activation step within the body. The ingredients in EB-A7DR are already provided in their active forms, increasing the amount that enters the body. The ingredients in EB-A7DR are well tolerated and allergen, gluten and dye free. The most common complaints include mild upset stomach. If you experience this, try taking the capsules with food. If the problem persists, consult your provider.

What are the side effects with EB-A7DR?
The active pharmaceutical ingredients in EB-A7DR are well tolerated and allergen, gluten and dye free. The most common complaints include mild upset stomach. If you experience this, try taking the capsules with food. If the problem persists, consult your provider.

Drug Interactions: EB-A7DR may alter the metabolism and absorption of certain medications. Consult your physician before taking EB-A7DR if you are currently taking an anticoagulant such as warfarin.

Precautions: EB-A7DR contains SAMe (S-Adenosyl methionine) and turmeric in medicinal doses and should not be taken if you have the following:
- Pregnant or breast feeding
- Gallbladder problems

Please consult with your healthcare provider before taking.

How do I refill my order?
Simply call or email EBM Medical at 636-614-3152 or support@ebmmedical.com. You may also opt in for the EBM Convenience Fill program where EBM will automatically refill your order 10 days prior to your last dosage. Do not stop taking your medical food formula without talking to your healthcare provider.

REFERENCES