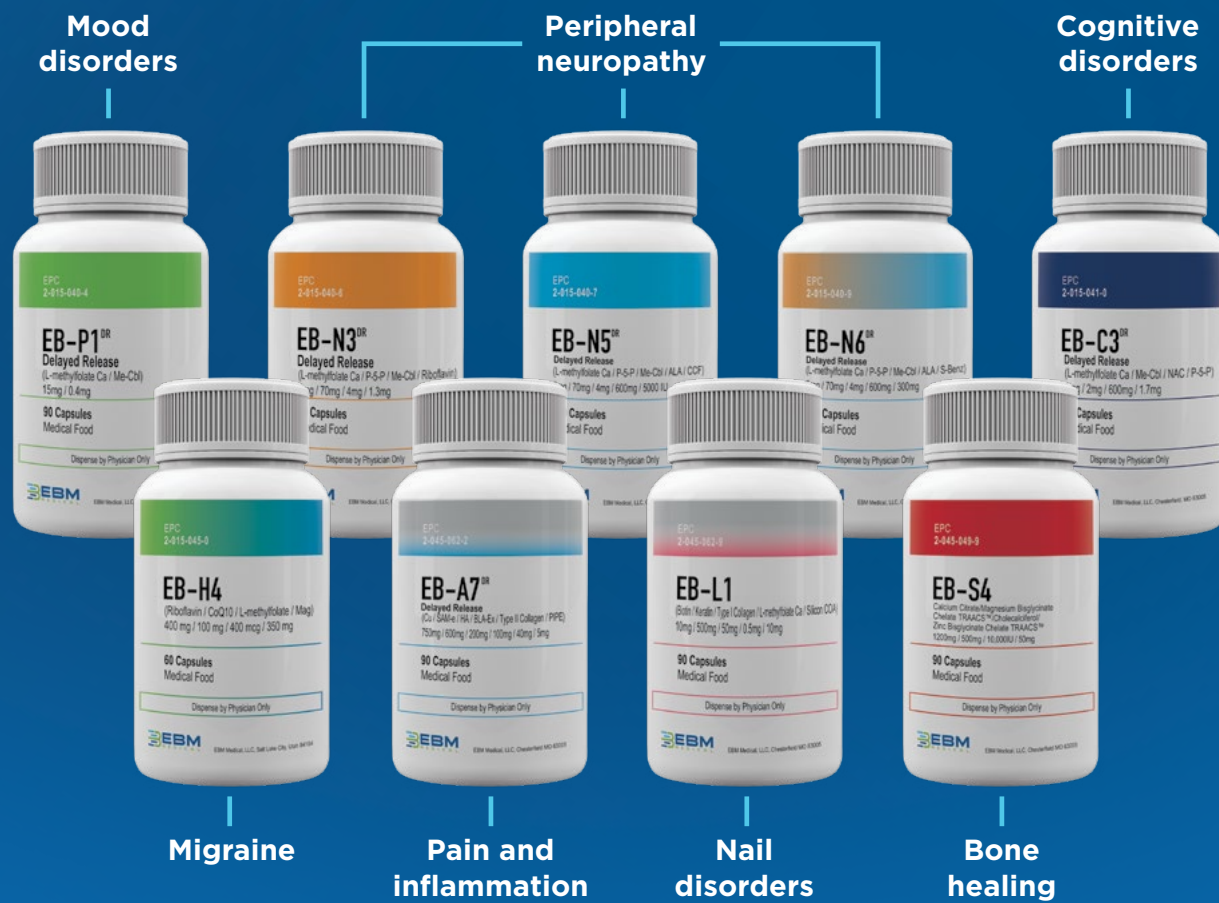


# MEDICAL FOODS

The term “medical food,” as defined in section 5(b) of the Orphan Drug Act (21 U.S.C. 360ee (b) (3)) is “a food which is formulated to be consumed or administered enterally under the supervision of a physician and which is intended for the specific dietary management of a disease or condition for which distinctive nutritional requirements, based on recognized scientific principles, are established by medical evaluation.”



EBM Medical utilizes USP grade active pharmaceutical ingredients, supported by evidence-based medicine, to address metabolic deficiencies for acute and chronic conditions.



## REFERENCE GUIDE

Medical Food Product	Dosage	Practical Applications
<b>Vascular and Neuropathic Conditions</b>		
<b>Address Underlying Pathology</b>		
<b>EB-N3<sup>DR</sup></b> L-methylfolate Ca .....6 mg Methylcobalamin .....4 mg Pyridoxal 5'-phosphate..... 70 mg Riboflavin ..... 1.3 mg	QD	<ul style="list-style-type: none"> <li>• Symptomatic with or without metformin use</li> <li>• Adjunct to gabapentin/pregabalin</li> <li>• MTHFR c677t variant</li> <li>• Elevated homocysteine</li> </ul>
<b>EB-N5<sup>DR</sup></b> L-methylfolate Ca .....6 mg Methylcobalamin .....4 mg Pyridoxal 5'-phosphate..... 70 mg Cholecalciferol .....5000 IU Alpha-lipoic acid ..... 600 mg	BID	<ul style="list-style-type: none"> <li>• Symptomatic with or without metformin use</li> <li>• Vitamin D deficiency</li> <li>• Adjunct to gabapentin/pregabalin</li> <li>• Vascular disease</li> <li>• MTHFR c677t variant</li> </ul>
<b>EB-N6<sup>DR</sup></b> L-methylfolate Ca .....6 mg Methylcobalamin .....4 mg Pyridoxal 5'-phosphate..... 70 mg Alpha-lipoic acid ..... 600 mg Benfotiamine ..... 300 mg	BID	<ul style="list-style-type: none"> <li>• Symptomatic with or without metformin use</li> <li>• Adjunct to gabapentin/pregabalin</li> <li>• Vitamin B1 deficiency</li> <li>• Vascular disease</li> <li>• MTHFR c677t variant</li> </ul>
<b>Mood/Cognitive Disorder/Migraine</b>		
<b>EB-P1<sup>DR</sup></b> L-methylfolate Ca ..... 15 mg Methylcobalamin .....0.4 mg	QD	<ul style="list-style-type: none"> <li>• Antidepressant non-responders</li> <li>• MTHFR c677t variant</li> <li>• Folate deficiency</li> <li>• Adjunct to SSRI</li> </ul>
<b>EB-C3<sup>DR</sup></b> L-methylfolate Ca .....6 mg Methylcobalamin .....2 mg N-acetyl-L-cysteine ..... 600 mg Pyridoxal 5'-phosphate.....1.7 mg	QD	<ul style="list-style-type: none"> <li>• Mild cognitive impairment/early memory loss</li> <li>• Adjunct to cholinesterase inhibitors</li> <li>• Elevated homocysteine</li> </ul>
<b>EB-H4</b> Riboflavin .....400 mg Coenzyme Q10 (CoQ10).....100 mg L-methylfolate Ca ..... 0.2 mg Magnesium bisglycinate.....350 mg	BID	<ul style="list-style-type: none"> <li>• Migraine</li> <li>• Chronic headache</li> <li>• Adjunct to or for those who cannot tolerate migraine therapy</li> </ul>
<b>Musculoskeletal Conditions</b>		
<b>Optimize Surgical &amp; Fracture Outcomes</b>		
<b>EB-S4</b> Calcium citrate .....1200 mg Magnesium bisglycinate ..... 500 mg Cholecalciferol .....10,000 IU Zinc bisglycinate ..... 50 mg	TID	<ul style="list-style-type: none"> <li>• Perioperative</li> <li>• Stress fractures</li> <li>• Low bone density</li> </ul>
<b>Skin/Hair/Nail Integrity</b>		
<b>Onychodystrophy</b>		
<b>EB-L1</b> Biotin-D ..... 10 mg Cyantine™ HNS ..... 500 mg Hydrolyzed type 1 collagen ..... 50 mg L-methylfolate Ca ..... 0.5 mg Choline stabilized orthosilicic acid .....10 mg	QD	<ul style="list-style-type: none"> <li>• Brittle, discolored, and damaged nails</li> </ul>
<b>Pain and Inflammation</b>		
<b>EB-A7</b> Turmeric curcumin 95% .....750 mg SAM-e ..... 600 mg Hyaluronic acid ..... 200 mg Boswellia extract 65% .....100 mg Hydrolyzed type II collagen .....40 mg Bioperine ..... 5 mg	TID	<ul style="list-style-type: none"> <li>• Osteoarthritis</li> <li>• Rheumatoid arthritis</li> <li>• Chronic inflammatory condition</li> </ul>