EBM Products Designed to Support Your Optimal Health A Patient's Guide





ABOUT EBM MEDICAL

Our Commitment to You

To provide access to affordable products and services that are either not covered by health insurance or have high out-of-pocket costs.

Excellent Customer Service

EBM Medical continues to make service our number-one priority. Our dedicated team of licensed pharmacy technicians provides personalized service that you deserve.







Guaranteed Pricing



Patient Education Resources



Automated Refill Management Program

\$

Flexible Payment Options



FREE Shipping



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Individualized Medicine

Specialty	Topicals	
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About Medical Foods



Medical foods are considered a unique category regulated by the FDA. Medical foods can help

manage chronic conditions by addressing the metabolic deficiencies associated with diseases. They are intended for use under medical supervision.



EBM uses only pharmaceutical-grade ingredients.

Medical foods are beneficial for a variety of conditions, including:

- Mood disorders
- Cognitive disorders
- Migraines
- Peripheral vascular disease
- Peripheral neuropathy
- Diabetes complications

- Wound healing
- Osteoarthritis
- Chronic fatigue
- Fractures
- Rheumatoid arthritis
- Immune deficiency
- Heart disease





EB-N3° | EB-N5° | EB-N6° **Delayed Release**

PATHOLOGY OF PERIPHERAL NEUROPATHY

The active pharmaceutical-grade ingredients work synergistically to help normalize and optimize metabolic factors involved in peripheral nerve and vascular health.

Therapeutic Active Pharmaceutical Ingredient Guide

ACTIVE INGREDIENT	DESCRIPTION
L-methylfolate calcium [active folate as Biofolate®]	 Nitric oxide and nerve blood flow Homocysteine levels
Methylcobalamin [active vitamin B ₁₂]	 Peripheral nerve protein synthesis Homocysteine levels
Pyridoxal 5'-phosphate [active vitamin B ₆]	 Advanced glycation end-products Homocysteine levels
Riboflavin [active vitamin B ₂]	- Homocysteine levels
Alpha-lipoic acid [antioxidant]	Peripheral nerve blood flowOxidative stress
Cholecalciferol [active vitamin D ₃]	 Nerve growth factor
Benfotiamine [active vitamin B ₁]	 Advanced glycation end-products

increase
 decrease

Each vegan capsule is allergen- and dye-free.

Manufactured in compliance with current Good Manufacturing Practices [cGMP].

*Products feature delayed-release capsules for targeted delivery to promote tolerability.

Actual product size and color may vary.

INGREDIENTS

EB-N3/EB-N5/EB-N6

All three unique formulations feature the following three key ingredients:

L-methylfolate calcium	6 mg
Methylcobalamin	4 mg
Pyridoxal 5'-phosphate	70 mg
EB-N3	

EB-N5

Alpha-lipoic acid	600 mg
Cholecalciferol	5000 IU

EB-N6

Alpha-lipoic acid	600	mg
Benfotiamine	300	mg

Dosage

EB-N3 Adult dose is 1 capsule daily or as directed by physician.

EB-N5/EB-N6 Adult dose is 1 capsule twice daily with food or as directed by physician. AM and PM dosing is recommended.









EB-S4®

MAXIMIZE BONE DENSITY, OPTIMIZE SURGICAL OUTCOMES, AND AID BONE HEALING Approximately 50% of patients undergoing surgery are malnourished, which impairs healing rates and increases infection risk. The active ingredients in EB-S4® work together to assist in bone healing and optimize surgical outcomes.

INGREDIENTS

Calcium citrate	1200 mg
Magnesium bisglycinate	500 mg
Vitamin D3	10,000 IU
Zinc bisglycinate	50 mg

Dosage

Adult dose is 3 capsules daily or as directed by physician.

Therapeutic Active Pharmaceutical Ingredient Guide

ACTIVE INGREDIENT	DESCRIPTION
Calcium citrate	 Bone growth Nerve/muscle function Bone loss
Magnesium bisglycinate	 Vitamin D absorption Calcium absorption Bone density and health
Vitamin D₃	 Calcium absorption
Zinc bisglycinate	Bone cell productionCollagen production
	tipcroaso - docroaso

increase
 decrease



Manufactured in compliance with current Good Manufacturing Practices [cGMP].

Actual product size and color may vary.







EB-L1[®]

MAXIMIZE **OUTCOMES** FOR BRITTLE. DISCOLORED NAILS

The active ingredients in EB-L1[®] work together to correct the metabolic deficiencies associated with nail strength, thickness, brittleness, and color.

Upon addressing your nutritional deficiencies with EB-L1, you may see an improvement in healthy nail growth, a decrease in nail breaking or splitting, and a positive overall change in nail appearance and color.

Therapeutic Active Pharmaceutical Ingredient Guide

ACTIVE INGREDIENT	DESCRIPTION
Biotin-D [active Vitamin B ₇]	 Nail thickness and strength
Cynatine™ HNS	 Nail strength, thickness, elasticity, moisture retention, and nail color
Hydrolyzed type-I collagen	 Nail growth and strength
L-methylfolate calcium [active folate as Biofolate®]	 Blood flow, nail growth, and nail color
Silicon (LIVING SILICA [®] orthosilicic acid)	 Improved nail strength

increase

Each capsule is allergen and dye-free. Actual product size and color may vary.



INGREDIENTS

Biotin-D 10 mg
Cynatine™ HNS 500 mg
Hydrolyzed type-I collagen 50 mg
L-methylfolate calcium 0.5 mg
Choline stabilized orthosilicic acid 10 mg

Dosage

Adult dose is 1 capsule daily or as directed by physician.

Speak to your healthcare provider to see if EB-L1 would help improve the appearance of your hair, nails, or skin.







Manufactured in compliance with current Good Manufacturing Practices [cGMP].

EBM MEDICAL





EB-A7[®] Delayed Release

MAXIMIZE OUTCOMES FOR CHRONIC INFLAMMATION AND OSTEOARTHRITIS The active ingredients in EB-A7® work synergistically for the metabolic management of deficiencies associated with the pain and inflammation of osteoarthritis without compromising the body's immune system or increasing GI and CVD risk profile, unlike NSAIDs.

After your metabolic needs are met, you may begin to experience less pain and stiffness in your arthritic joints.

Therapeutic Active Pharmaceutical Ingredient Guide

ACTIVE INGREDIENT	DESCRIPTION
Turmeric curcumin 95%	 Inflammation, pain, and stiffness
SAM-e (S-adenosyl methionine)	 Inflammation, pain, and stiffness
Hyaluronic acid	 Inflammation; slows the progression of osteoarthritis
Boswellia extract 65%	- Inflammation and pain
Hydrolyzed type-II collagen	- Pain and stiffness
BioPerine®	+ Absorption of curcumin
	 increase decrease

Each capsule is allergen and dye-free. Actual product size and color may vary.



INGREDIENTS

Turmeric curcumin 95%750 mg
SAM-e (S-adenosyl methionine) 600 mg
Hyaluronic acid 200 mg
Boswellia extract 65% 100 mg
Hydrolyzed type-II collagen 40 mg
BioPerine"

Dosage

Adult dose is 3 capsules daily or as directed by physician.

Speak to your healthcare provider if you want to eliminate or decrease the amount of NSAIDs required to manage your pain and inflammation.



Manufactured in compliance with current Good Manufacturing Practices [cGMP].

*Products feature delayed-release capsules for targeted delivery to promote tolerability.



EB-MATRIX[™]

MAXIMIZE OUTCOMES FOR WOUND HEALING



EB-MATRIX[™] is a medical food featuring a unique blend of key ingredients to help support wound healing and lower homocysteine levels, known to impair normal wound-healing processes.

Practical applications:

- Diabetic and lower-extremity ulcerations
- Surgical wounds
- Other acute and chronic wounds

INGREDIENTS

L-arginine	7 g
L-glutamine	7 g
Collagen	2.5 g
Calcium beta hydroxybutyrate	1.3 g
Ascorbic acid	350 mg
Calcium citrate	200 mg
Zinc bisglycinate chelate	50 mg
D-a-tocopheryl acetate	30 mg
Pyridoxal 5'-phosphate	5 mg
L-methylfolate calcium (Biofolate®)	500 mcg
Methylcobalamin	200 mcg

Dosage

Mix 1 scoop with 8-10 fl. oz. of juice or water and consume twice daily.



Manufactured in compliance with current Good Manufacturing Practices [cGMP].

Therapeutic Active Pharmaceutical Ingredient Guide

ACTIVE INGREDIENT	DESCRIPTION
НМВ	 Slows protein breakdown and enhances tissue growth
Arginine	 Supports blood flow and vasodilation and builds proteins
Glutamine	 Supports immune system and new tissue development
Collagen protein	 Accelerates the rate of wound healing
B vitamins	 Promotes effective homocysteine metabolism
Micronutrients	 Aids in wound-healing processes and reduces infection risk

increase
 decrease





EPC 3-958-322-4

EB-V1[®] Delayed Release (BG / EE / Zn / CCF / AP / LCa / Tu / GTE / Qu / AA / PIPE) (250mg / 600mg / 40mg / 1000ll / 200mg / 1mg / 300mg / 300mg / 100mg / 500mg / 5mg)

90 Capsules Medical Food



EB-V1[®] Delayed Release

IMMUNE SYSTEM OPTIMIZATION

Speak to your healthcare provider

to see if EB-V1^{DR} can help your body's

ability to fight off infection.

Nutritional deficiency greatly impairs proper functioning of the immune system.

The pharmaceutical-grade active ingredients in EB-V1[®] work together to provide the necessary nutrients to help correct the metabolic deficiencies associated with a compromised immune-system response.

Therapeutic Active Pharmaceutical Ingredient Guide

ACTIVE INGREDIENT	DESCRIPTION
Beta (1,3/1,6) glucan	 Activation of immune cells for immune system response
Elderberry extract	 Blockage of viral proteins Potential for viral transmission
Zinc bisglycinate	 Development and growth of the innate immune system
Cholecalciferol (Vitamin D ₃)	 Adaptive immune response to fight infection
Andrographis paniculata	 Anti-inflammatory, immuno- stimulant, and antiviral response
L-methylfolate calcium as Biofolate®	 Regulation of immune response
Turmeric curcumin	 Anti-inflammatory and immunomodulatory response
Green tea extract (50% EGCG)	 Innate and adaptive immune system functions
Quercetin	 Anti-inflammatory and immunomodulatory response
Ascorbic acid	 Antioxidant and anti- inflammatory response
BioPerine ®	+ Nutrient absorption
	 increase – decrease

Manufactured in compliance with current Good Manufacturing Practices [cGMP].

*Products feature delayed-release capsules for targeted delivery to promote tolerability.

INGREDIENTS

Beta (1,3/1,6) glucan	250 mg
Elderberry extract	600 mg
Zinc bisglycinate	40 mg
Cholecalciferol (Vitamin D ₃)	1000 IU
Andrographis paniculata	200 mg
L-methylfolate calcium as Biofolate®	1 mg
Turmeric curcumin	300 mg
Green Tea Extract (50% EGCG)	300 mg
Quercetin	100 mg
Ascorbic acid	500 mg
BioPerine [®]	5 mg

USA

Dosage

For adults and children 12 years and older, dose is up to 3 capsules daily with food or as directed by healthcare provider.

Each vegan capsule is allergen- and dye-free. Actual product size and color may vary.





3

TAKE CARE OF YOUR FEET

Each step you take involves a complex network of bones, muscles, tendons, and ligaments. This, combined with all of the weight they carry, explains why feet can have problems.

To keep your feet healthy:

- Examine your feet regularly
- Wear comfortable shoes that fit
- Wash your feet daily with soap and lukewarm water
- Never go barefoot
- Trim your toenails straight across and not too short. Have your podiatrist trim your toenails if you have diabetes or can't reach your feet.





EB-R1®

OPTIMIZE SKIN HYDRATION FOR ROUGH / DRY FEET

EB-R1 is a transdermal topical hydrating cream with skin softening properties to promote exfoliation for the management of xerosis (rough/dry feet).

INGREDIENTS

Lactic Acid)%
Urea40)%

Dosage

Apply 1 to 3 times daily on targeted affected area only. Spare healthy skin and wash hands after use.

ACTIVE INGREDIENT	DESCRIPTION
Lactic Acid	Hydrates and softens skin to promote exfoliation of rough/dry skin. - Helps with yellowing discoloration.
Urea	Hydrates and softens skin to promote exfoliation of rough/dry skin.

- decrease



Manufactured in compliance with current Good Manufacturing Practices [cGMP].

TOPICAL COLD THERAPY

ADVANCED COLD THERAPY FOR **PAIN RELIEF**





Physician Use Only

EB-M4[®]

ADVANCED COLD THERAPY FOR PAIN RELIEF

EB-M4[®] is a topical analgesic that can be applied to the skin providing temporary cooling relief for muscle aches and joint pain.

EB-M4 features a unique combination of menthol, camphor, and eucalyptus allowed to provide quick and long-lasting relief.

INGREDIENTS

Menthol	8%
Camphor	8%
Eucalyptus	2%

Dosage

Apply up to 1 gram to the affected area 1-4 times daily, or as directed by a healthcare provider.

This product is for use on the skin only. Wash your hands after each application.

Therapeutic Active Pharmaceutical Ingredient Guide

ACTIVE INGREDIENT	DESCRIPTION
Menthol	+ Stimulation of cold receptors
Camphor	 Stimulation of local blood flow to activate nerve endings
Eucalyptus	 Anti-inflammatory and antimicrobial effects

increase
 decrease

- Clinically-proven ingredients provide fast and long-acting pain relief
- Topical therapy provides a cooling sensation and increased local blood flow to stimulate nerve endings
- Temporary cooling offers relief for sore muscles, aches and pains, and arthritis



Manufactured in compliance with current Good Manufacturing Practices [cGMP].

DIABETIC FOOT PROTECTANT





EBM

EB-PRO 13[®]

MAXIMIZE OUTCOMES FOR DIABETIC FOOT WOUNDS EB-PRO 13[®] is a non-greasy, multipurpose diabetic foot cream containing a clinical concentration of melaleuca alternifolial (13%) for the management of rough, dry diabetic skin.

Practical applications:

- Daily moisturizer
- Post-wound closure
- Relief from rough, dry, cracking feet
- Athlete's foot, psoriasis, eczema

INGREDIENTS

Melaleuca alternifolia (tea tree oil)......13%

Dosage

Apply up to twice daily to feet, nails, and web spacing between toes, or as directed by a healthcare professional. Do not use on open wounds or sores.



Therapeutic Active Pharmaceutical Ingredient Guide

ACTIVE INGREDIENT	DESCRIPTION
Melaleuca alternifolia 13% (tea tree oil)	 Slow or prevent growth of microorganisms Increase skin integrity Reduce inflammation
	 increase decrea

How is EB-PRO 13 different from other Tea Tree Oil products found over-the-counter?

- Complex manufacturing process to remove the oil and maintain high active-ingredient percentage
- Salt Stable LS Advanced Base allows for a less-sticky appearance and greater ability to carry the active ingredient into the tissue



PLANTAR FASCIITIS

Plantar Fasciitis is a condition caused by the degeneration and inflammation of the plantar fascia where it originates from the heel and is characterized by heel pain with the first few steps after getting out of bed.

As the condition becomes chronic, the healing process cannot keep up with mechanical demands. The patient is left with irritable micro-tears, scar tissue, thickening, and inflammation of the plantar fascia, leading to chronic pain.

Symptoms

Heel pain with weight-bearing or walking (hurts when you step out of bed in the morning)

Causes

Plantar fasciitis can happen spontaneously without specific injury, but you have an increased risk if you:

- Are middle-aged
- Are a woman
- Have a job that requires a lot of walking or standing on hard surfaces
- Are a runner
- Have poor flexion (aren't flexible)

Treatment

- Almost always treated conservatively without surgery
- Ice the heel
- Take anti-inflammatory products.
- Use shoe inserts for added arch support and to cushion the heel
- Do plantar fasia-specific stretches



Plantar Fasciitis Kit

MAXIMIZE OUTCOMES FOR FOOT PAIN

The plantar fascia is a strong support ligament in the foot that receives significant stress with normal daily activities. This stress can strain the plantar fascia and tighten surrounding muscles in the calf and foot. This kit provides the tools necessary for you to reduce painful symptoms from plantar fasciitis and help you recover more quickly.

KIT INCLUDES

Compression plantar fascia sleeve: Wear daily along with the orthotic insole. The combined support accelerates recovery by reducing swelling, pain, and tightness within the plantar muscles.



Resistance band: Use twice daily at a minimum. First, before getting out of bed in the morning, attach the band to the ball of your foot and gently stretch your foot and calf by pulling the band toward your body. Perform 10 stretches with your knee held straight, and 10 stretches with your knee slightly flexed, holding each stretch for 10 seconds. This will alleviate the initial discomfort of standing and walking in the morning. Then

repeat these stretches in the afternoon, holding each stretch for 20 seconds.



Foot massage ball: Use daily, ideally once in the morning for 2-3 minutes just after getting out of bed, and again before going to bed.



- OPTIONAL ITEMS



Topical pain cream: Your healthcare provider will choose a specific topical pain cream to alleviate your discomfort and accelerate recovery. Please use as directed by your provider. When applying the pain cream, massage it

into to the painful area for greatest therapeutic benefit. Massaging the target area will help desensitize it to pain and promote more rapid comfort and relief.

Orthotic insole: Wear this daily, ideally in a supportive shoe such as an athletic or firm dress shoe.



THE SCIENCE BEHIND CBD/CBG



Anti-inflammatory effects

- Neuroprotective properties
- Potent antioxidation

When CBD/CBG reacts with the receptors Cannabinoid Receptor Type 1 (CB1) and Cannabinoid Receptor Type 2 (CB2), the Endocannabinoid System (ECS) is established. The main function of the ECS is to maintain the

CB1 RECEPTORS are located in the brain, central nervous system, and many other parts of the body. These receptors are involved in:

- Motor activity
- Short-term memory
- Thinking

- Pain perception
 Immune cell function
- Motor coordination
- Appetite

*The FDA has not evaluated EB-C1, EB-C4 or EB-C5.

CB2 RECEPTORS are found throughout the body on cells associated with the immune system. These receptors are plentiful within:

body's homeostasis through the production of

 Gut, kidneys, pancreas, and liver

CB1 and CB2 receptors.

- Adipose tissue
- Skeletal muscle
- Bone
- Eves
- Tumors

- Reproductive system
- Immune system

CBG (cannabigerol) is a

(Cannabis sativa). Known as the

cannabinoid, CBG is the original molecule

cannabis plant which

found within the

over 100 other cannabinoids derive from, including CBD

(cannabidiol).

the hemp plant

"mother"

cannabinoid present in

- Respiratory tract
- Skin
- Central nervous system
- Cardiovascular system

BROAD-SPECTRUM CBD/CBG

A NATURAL APPROACH TO ACHIEVING OPTIMAL HEALTH AND WELLNESS





EB-C4[™]/EB-C5[™]

CBD/CBG CREAM FOR OPTIMAL WELLNESS

ICE-1™ - Proprietary transdermal base to promote local and systemic absorption.

EB-C5[™] is a broad-spectrum (CBD/CBG) transdermal cream combined in an ICE-1[™] (Infused Complex Emulsion) base that drives the active ingredients into the tissue and bloodstream. EB-C5 contains key active ingredients that are commonly used for overall health and wellness.

THE ENTOURAGE EFFECT

CBD and CBG in combination with terpenes and flavonoids provide amplified benefits when used in combination to maintain homeostasis in the body for optimum wellness.

Therapeutic Active Pharmaceutical Ingredient Guide

ACTIVE INGREDIENT	DESCRIPTION
Cannabidiol (CBD)	Modulates the production and efficacy of endocannabinoids
Cannabigerol* (CBG)	Closely mimics the activity of CB1 and CB2 receptors • Neuroprotective Effects – Inflammation
Myrcene	A key terpene that works with CBD to produce the entourage effect – Inflammation
Beta-caryophyllene [°]	A key terpene that works with CBD to produce the entourage effect - Inflammation
Arnica	A key herb with known medicinal properties; most common ingredient in anti-inflammatory OTC topicals – Inflammation
MSM (Methylsulfonylmethane)	Oxidative stressInflammation
Botanical complex (Camphor-Peppermint- Eucalyptus-Menthol)	 Cooling effect

EB-C5 INGREDIENTS

Cannabidiol (CBD)	.3000mg (3%)
Cannabigerol (CBG)	.3000mg (3%)
Myrcene	.3000mg (3%)
Beta-caryophyllene	.3000mg (3%)
Arnica	.2000mg (2%)
Methylsulfonylmethane (MSM)	.2000mg (2%)

EB-C4 INGREDIENTS

Cannabidiol (CBD)	3000mg (3%)
Myrcene	3000mg (3%)
Beta-caryophyllene	3000mg (3%)
Arnica	2000mg (2%)
Methylsulfonylmethane (MSM)	2000mg (2%)

Dosage

Apply 1-4 times per day or as advised by your healthcare provider.

*CBG is featured exclusively in EB-C5. The FDA has not evaluated EB-C4 and EB-C5.



OPTIMAL

HEALTH AND WELLNESS

EB-C1[™] is a THC-free CBD (Cannabidiol) & CBG (Cannabigerol) oil tincture that provides the full benefits of broad-spectrum cannabidiol.

Our citrus-flavored CBD & CBG oil tincture is extracted from US-grown industrial hemp utilizing innovative farming practices and is manufactured in the United States.

INGREDIENTS

Cannabidiol (CBD)	3600 mg
Cannabigerol (CBG)	1800 mg

Dosage

Use 1/2 (0.5ml) dropper one to two times daily or as directed by your healthcare professional. Fill dropper to appropriate dosing line, hold under tongue for 30 seconds and swallow.

Servings

60 servings per bottle, 1/2 dropperful per serving

Speak to your healthcare provider to learn if EB-C1 can help with sleep, energy, or mood.



Formulated by licensed pharmacists. USA hemp-sourced CBD - vegan-friendly, organic ingredients.

Manufactured in compliance with current Good Manufacturing Practices [cGMP].

CBD/CBG Dosing Chart

	AMOUNT
<u>1.0</u> mL	= 120mg CBD/60mg CBG
. <u>75</u> mL	= 90mg CBD/45mg CBG
<u>.50</u> mL	= 60mg CBD/30mg CBG
. <u>25</u> mL	= 30mg CBD/15mg CBG

Therapeutic Active Pharmaceutical Ingredient Guide

ACTIVE INGREDIENT	DESCRIPTION
Cannabidiol (CBD)	Modulates the production and efficacy of endocannabinoids Analgesic Properties Inflammation
Cannabigerol (CBG)	Closely mimics the activity of CB1 and CB2 receptors • Neuroprotective Effects – Inflammation

This product is not intended to supplement the diet.

*The FDA has not evaluated EB-C1.

INDIVIDUALIZED MEDICINE WITH SPECIALTY TOPICALS

Maximize efficacy and minimize side effects

We partner with pharmacies to offer customized dosages with combinations of multiple ingredients that are easy to apply and individually made for you.



Micronized USP active pharmaceutical ingredients

- Ideal particle size to maximize tissue penetration
- No crushed tablets or opened capsules

1	••
	-

No substitutions or watered-down formulas

• You receive the exact formulation prescribed, every time

Affordable and consistent pricing for a true 30-day fulfillment

- No surprises at the pharmacy counter or in copay or EOB documents
- High-quality, low-cost formulations

Trusted transdermal bases

Antifungal topical cream

- Quick-drying, non-sticky cream base
- Contains penetration enhancers and natural oils
- Proven to penetrate the nail plate



SaltStable LS Advanced[™] Pain Management Topical Cream

- Off-white, cosmetically elegant cream
- Formulated with silogel smooth, silky, dry feel (less sticky/tacky)
- Absorption of up to eight active ingredients in one formulation
- Natural ingredients less irritation



Now that I have been prescribed an EBM Medical product, what are the next steps?



Your provider will send your prescription to EBM Medical.



You will receive a text or email to confirm your order. To expedite your order, call us at 1-844-360-4095.



An EBM representative will contact you to answer your questions and process your payment.



Within 24 hours, your prescribed formula will be shipped. Standard shipping is always free.



We will manage your refills by sending a confirmation text and email 10 days before your prescription needs to be refilled.

QUESTIONS?

Contact EBM Support at 1-844-360-4095 or support@EBMmedical.com



www.EBMmedical.com

References available upon request.

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